

Stoves Checklist:

- Self-cleaning ranges are more energy efficient than regular models because they have more oven insulation.
- Use the self-cleaning feature right after cooking when the oven is already hot.
- About 20% of an oven's heat is lost when you open the door, so a stove with a window is more energy efficient.
- Electric frying pans and toaster ovens use less energy than electric stoves for cooking small amounts of food.