

## Electronics Checklist

- The best way to reduce your computer and monitor's energy consumption is to turn it off when not in use. A personal computer uses only one second of running-time energy when starting up.
- If you don't want to turn your computer off then make sure the "sleep" mode is enabled, cutting energy use to less than half.
- Be sure to at least shut off the computer screen because 60% of the power used by a computer is used by the monitor!
- Choose the right printer for your needs. Ink-jet printers use 90% less energy than laser printers.
- Unplug equipment when it might not be used for a long period of time because most electronic equipment continues to draw power even when it is switched off. Nearly 20% of the electricity used by electronic equipment is lost while it is sitting in "standby" mode.
- TVs, VCRs, DVD players, cable boxes and audio equipment represent approximately 60% of "standby" electricity losses.
- When you leave the office at night or for the weekend, unplug frequently used TVs, hotplates and coffee makers. One photocopier left on can cost approximately \$60 per year.
- Look around your home and office. How many little black transformer cubes are plugged into outlets to convert the current for various electronic equipment like cordless phones, battery chargers, and even "dustbusters". Many homes and offices have as many as ten transformers and that kind of energy use starts to add up.